

Project Identifier		TOF 19 - 01																														
Project Applicant:	YMCA Senegal (Dakar)																															
Co-Partners:	Medicor Fondation																															
Project Name:	Creating the Next Generation of Rural Entrepreneurs in Cassamance																															
Project Location:	Ziguinchor, Senegal																															
Previous TOF Application:	Yes in 2010, Successfully Completed in 2012																															
Quick Overview:	TOF Funds will be used to support construction of an “Incubation (training) Centre” for a “Training of Trainers” programme on agricultural techniques in rural southwestern Senegal.																															
Project Background:	<p>Senegal is country that suffers from extreme poverty and food insecurity in general. The Cassamance Region is additionally unstable due to a low-level but enduring civil conflict between the Senegalese government and a local separatist group. This means that emigration from the area is very high as local young people with the ability to leave do so to try to find jobs in Europe. To combat this trend, the Senegal YMCA has been working for over 30 years, to boost employment and income for young people and their families, especially those living in rural areas in conflict.</p>																															
Project Activities:	<p>After completing training at Gaston Berger University in St. Louis, Senegal, graduates will be deployed to Ziguinchor to provide instruction at the planned Incubation Centre, where all relevant agricultural equipment and materials will be available for student practice. In addition to the confirmed partnership with Medicor, this project will work with the Agricultural Department of the Assane Seck University in Ziguinchor; PRODAC (Programme des Domaines Agricoles Communautaires), a government programme focusing on encouraging youth entrepreneurship and employment; and two national NGOs with experience working with young people living with disabilities (Handicap International, and the National Centre for Action against Mines in Senegal).</p>																															
Beneficiaries:	Young men and women equally – 10% of those, persons living with disabilities.																															
• Direct:	100 - 200																															
• Indirect:	2 000 - 3 500																															
Project Sustainability:	<p>Construction of the Incubation Centre is estimated at 12 -18 months, after which it will be sustained by income from produce sold from the centre, donations of past programme beneficiaries and sponsors. Mayors of the local municipalities have committed to support the development of agricultural businesses in their locations and agreements to this effect have been signed. In addition, young people will have access to finance through Crédit Mutuel Senegal to help develop their businesses.</p>																															
Focus SDG:	8. Decent Work and Economic Growth																															
Project Volunteers:	Yes in October 2020																															
TOF Funding Request:	CHF 30 0000																															
Salary or Building %	6.02%																															
Total Project Budget:	CHF 497 543																															
Funds Already Secured:	CHF 401 027																															
TOF Budget in CHF:	<table border="1"> <thead> <tr> <th>Item</th> <th>Qty</th> <th>Cost</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>Classroom Construction</td> <td>1</td> <td>9 651</td> <td>9 651</td> </tr> <tr> <td>Sanitary Block</td> <td>1</td> <td>6 000</td> <td>6 000</td> </tr> <tr> <td>Chicken House</td> <td>1</td> <td>5 991</td> <td>5 991</td> </tr> <tr> <td>Goat House</td> <td>1</td> <td>1 654</td> <td>1 654</td> </tr> <tr> <td>Housing</td> <td>1</td> <td>6 704</td> <td>6 704</td> </tr> <tr> <td>TOTAL:</td> <td></td> <td></td> <td>30 000</td> </tr> </tbody> </table>				Item	Qty	Cost	Total	Classroom Construction	1	9 651	9 651	Sanitary Block	1	6 000	6 000	Chicken House	1	5 991	5 991	Goat House	1	1 654	1 654	Housing	1	6 704	6 704	TOTAL:			30 000
Item	Qty	Cost	Total																													
Classroom Construction	1	9 651	9 651																													
Sanitary Block	1	6 000	6 000																													
Chicken House	1	5 991	5 991																													
Goat House	1	1 654	1 654																													
Housing	1	6 704	6 704																													
TOTAL:			30 000																													

Project Identifier		TOF 19 - 02																														
Project Applicant:	YMCA Cambodia																															
Co-Partners:	Y Service Club of Phnom Penh																															
Project Name:	Empowering Youth for Youth																															
Project Location:	Tangoun Village, Cambodia																															
Previous TOF Application:	Yes – Application not successful (not properly endorsed)																															
Quick Overview:	TOF funds are being requested to expand the existing youth empowerment programme by creating an after-school programme, offering specific skills and leadership training, as well as health education and recreational activities for local, poor teenagers.																															
Project Background:	15 – 29 year olds currently comprise 43% of the Cambodian population, but remain marginalised in society with limited educational and employment opportunities. In 2016 the Cambodia YMCA established its Youth Empowerment programme and Youth Institute to promote healthy living and provide leadership training for young people in slum areas where children are particularly vulnerable, subject to abuse and generally unsafe living conditions. Children from these communities often leave their homes early, trying to make their own ways on the street and typically involved in drugs.																															
Project Activities:	The project has two primary goals: 1. Improve Education and Career Opportunities, 2. Improve Health and Social Welfare. Within this framework the following activities are planned: an after-school programme for tutoring; photography and graphic design training; decision-making and leadership skills workshops; education on establishing a healthy living routine; recreation activities.																															
Beneficiaries:	Teenagers from slum areas around Phom Penh																															
• Direct:	100 - 200																															
• Indirect:	750 - 1 000																															
Project Sustainability:	This particular programme will last only 6 -12 months, but it is believed that it will inspire interest and support for future activities. The Cambodia YMCA is also strongly supported by APAY which will help ensure the sustainability of this initiative.																															
Focus SDG:	4. Quality Education																															
Project Volunteers:	Yes – July 2019																															
TOF Funding Request:	CHF 15 027																															
Salary or Building %	0%																															
Total Project Budget:	CHF 18 627 (USD 18 600)																															
Funds Already Secured:	CHF 3 600																															
TOF Budget in CHF:	<table border="1"> <thead> <tr> <th>Item</th> <th>Qty</th> <th>Cost</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>Boys & Girls Club (after school activity)</td> <td>1</td> <td>5 027</td> <td>5 027</td> </tr> <tr> <td>Technology Initiative (design etc.)</td> <td>1</td> <td>2 046</td> <td>2 046</td> </tr> <tr> <td>Leadership & Entrepreneurship</td> <td>1</td> <td>1 180</td> <td>1 180</td> </tr> <tr> <td>Health & Social Wellbeing</td> <td>1</td> <td>5 760</td> <td>5 760</td> </tr> <tr> <td>Recreational Activities</td> <td>1</td> <td>600</td> <td>600</td> </tr> <tr> <td>TOTAL:</td> <td></td> <td></td> <td>15 027</td> </tr> </tbody> </table>				Item	Qty	Cost	Total	Boys & Girls Club (after school activity)	1	5 027	5 027	Technology Initiative (design etc.)	1	2 046	2 046	Leadership & Entrepreneurship	1	1 180	1 180	Health & Social Wellbeing	1	5 760	5 760	Recreational Activities	1	600	600	TOTAL:			15 027
Item	Qty	Cost	Total																													
Boys & Girls Club (after school activity)	1	5 027	5 027																													
Technology Initiative (design etc.)	1	2 046	2 046																													
Leadership & Entrepreneurship	1	1 180	1 180																													
Health & Social Wellbeing	1	5 760	5 760																													
Recreational Activities	1	600	600																													
TOTAL:			15 027																													

XII. TOF One-page Project Summaries of Applications

Project Identifier		TOF 19 - 03		
Project Applicant:	Mandeville Y Service Club			
Co-Partners:	None listed			
Project Name:	Y's Hope			
Project Location:	Hope Bay, Jamaica			
Previous TOF Application:	No			
Quick Overview:	TOF funds are being requested to build a 120 x 50 ft. dormitory for 15 - 20 adolescents with mental health issues, particularly those at risk of suicide, in association with the New Hope Retreat Centre.			
Project Background:	<p>Suicide rates in Jamaica are on the rise, increasing by 30% in 2018 with 47 suicide deaths in 2017 as compared to 61 in 2018.</p> <p>The membership of the Mandeville Y Service Club, being primarily under 30 years old, have peers and colleagues, victims of abuse, who suffer from depression and suicidal thoughts. This project has personal significance for them.</p> <p>The Mandeville Y Service Club has secured 3 acres of land for its project and camping facilities have already been set up.</p>			
Project Activities:	<p>Y's Hope will provide whole-day or weekend retreats for schools, churches, youth groups, YMCA, YWCA, Girl Guides, Boys Scouts, Cadets and individuals. Healing therapies include:</p> <ul style="list-style-type: none"> ▪ Counselling ▪ Cognitive behavioural therapy ▪ Reflexology ▪ Qui-gong ▪ Spiritual direction ▪ Art therapy ▪ Lay therapy 			
Beneficiaries:	Target groups are teenage boys and abused girls.			
• Direct:	100 - 200			
• Indirect:	350 - 500			
Project Sustainability:	The dormitory build is estimated to take 3 -6 months. The retreat once built will be maintained through income received from bookings. Christiana and Portland Rotary clubs will provide funding to pay for staff and overhead expenses. Additional support is anticipated from school and church groups.			
Focus SDG:	3. Good Health & Well Being			
Project Volunteers:	Yes - in February and April 2020			
TOF Funding Request:	CHF 29 048			
Salary or Building %	99% of TOF funds requested, 24% of total retreat project			
Total Project Budget:	CHF 120 862			
Funds Already Secured:	CHF 25 162, plus land valued at CHF 65 574			
TOF Budget in CHF:	Item	Qty	Cost	Total
	Building Material	1	20 024	20 024
	Labour	1	9 024	9 024
	TOTAL:			29 048

Project Identifier		TOF 19 - 04		
Project Applicant:	YMCA Kosovo			
Co-Partners:	Y's Men's Club of Gjakova, Y's Men's Club of Harderness (Denmark)			
Project Name:	Charity Shop for the Empowerment of Young People			
Project Location:	Prishtina, Kosovo			
Previous TOF Application:	Yes – 2014 successfully completed (also charity shop which is still active)			
Quick Overview:	TOF funds are being requested to fully set up and run a new charity shop in Kosova, following the success of a similar project in 2014. Money is needed to rent the location, pay utilities and staff, and to equip the space properly.			
Project Background:	Following on the success of the first shop set up through the 2014 TOF project, the YMCA would like to open a second store. The primary objective is to provide affordable clothes to the local poor. However, the shop will also provide employment in the area, where joblessness among young people has been measured at close to 50% in some cases, as well as promote recycling and a circular economy.			
Project Activities:	The programme will collect used clothing in special containers it will set around the cities of Gjakova and Prishtina. Donated items will be collected from the containers sorted, laundered and prepared for sale in the shop by a combination of salaried staff and volunteers.			
Beneficiaries:	Poor families, particularly mothers with babies, and the few young persons who will be employed by the shop.			
• Direct:	200 - 350			
• Indirect:	500 - 750			
Project Sustainability:	It is estimated that the shop can be ready to open within one year. Once operational, it can be maintained through income gained on sales. This has been proven feasible with the 2014 endeavour.			
Focus SDG:	8. Decent Work and Economic Growth			
Project Volunteers:	Yes – May 2020			
TOF Funding Request:	CHF 22 460			
Salary or Building %	28%			
Total Project Budget:	CHF 25 077			
Funds Already Secured:	CHF 400			
TOF Budget in CHF:	Item	Qty	Cost	Total
	Charity shop manager (1 year)	12	200	2 400
	Charity shop staff (2 for 1 year)	12	340	4 080
	Shop fitting	1	1 300	1 300
	Washing machine	1	400	400
	Dryer	1	400	400
	Steam iron	1	100	100
	Fiscal machine	1	400	400
	Laptop and printer	2	340	680
	Container for collecting clothes	3	300	900
	Rent (1 year)	12	500	6 000
	Utilities (1 year)	12	100	1 200
	Communication (1 year)	12	50	600
	Transport (1 year)	12	150	1 800
	Marketing and promotion (1 year)	12	100	1 200
	Visibility materials	1	1 000	1 000
	TOTAL:			22 460

Project Identifier		TOF 19 - 05		
Project Applicant:	Y's Men's Club of Irinjalakuda			
Co-Partners:	YMCA Irinjalakuda			
Project Name:	Y's Kendra for Women			
Project Location:	Irinjalakuda, Kerala, India			
Previous TOF Application:	No			
Quick Overview:	TOF Funds are being requested to equip an educational centre to provide a variety of training to unskilled, poor women.			
Project Background:	Women are marginalised in Indian society. With reduced opportunities for education, they are left without ways to earn money and become financially independent. The Y's Men's Club of Irinjalakuda has been working in the community for more than 34 years. This project aims to equip unmarried and divorced women with saleable skills that will empower and allow them to support themselves.			
Project Activities:	Training will include tailoring, candle making, food processing, paper bag and flowers manufacture, as well as rug weaving.			
Beneficiaries:	Poor unmarried or divorced women			
• Direct:	250			
• Indirect:	1 000 - 1 500			
Project Sustainability:	Set up and launch of the centre requires an estimated 6 - 12 months. After this phase the Irinjalakuda Club is committed to providing the support needed to keep the programme running.			
Focus SDG:	5. Gender Equality			
Project Volunteers:	Yes – December 2019, February 2020			
TOF Funding Request:	CHF 17 607 (INR 12,15,000)			
Salary or Building %	55%			
Total Project Budget:	CHF 33 435 (INR 23,12,000)			
Funds Already Secured:	CHF 15 858 (INR 10,97,000)			
TOF Budget in CHF:	Item	Qty	Cost	Total
	Juki machines	6		5000
	Sewing and cutting, interlock machines			2 130
	Refrigerator, dryer, binder. Etc.			1 406
	Desktop printers with CPU, projector			1 522
	Food processors, grinder, furniture			1 072
	Salaries for trainers, caretaker, utilities			3 768
	Scooter for delivery			811
	Raw materials and other expenses			1 898
	TOTAL:			17 607

Project Identifier		TOF 19 - 06																						
Project Applicant:	Y's Men's Club of Trivandrum North																							
Co-Partners:	National Association for the Blind (NAB), Kerala																							
Project Name:	Care and Therapy Centre for People with Multiple Disabilities																							
Project Location:	Trivandrum, Kerala, India																							
Previous TOF Application:	Yes – 2001, 2005 and 2006, all successfully completed																							
Quick Overview:	TOF funds are being requested to rent and equip the centre, as well as to engage staff.																							
Project Background:	<p>NAB is already well established in the area, treating about 50 deaf and blind children in its existing therapy centre in Trivandrum. However, despite its purpose, the centre is not fully handicap accessible, having steep entry stairs etc. It is for this reason the NAB has committed to building an extension that will be properly provisioned to meet the needs of its physically handicapped patients.</p> <p>The Y's Men Club of Trivandrum North, itself actively involved in providing service to the community for the last 40 years. (and others YMI clubs in the area) have a long history of collaboration with NAB, with many club members also holding honorary offices in NAB. NAB already runs a training and rehabilitation centre in memorial to Past RD P. George.</p>																							
Project Activities:	The new centre once completed is expected to offer opportunities for mobility training (use of electric cane) Braille instruction, as well as appropriate vocational instruction and resources for more intensive, long-term care where required.																							
Beneficiaries:	Poor children with multiple disabilities																							
• Direct:	100 - 200																							
• Indirect:	200 - 350																							
Project Sustainability:	Construction of the new building is expected to be completed by October 2019. While no income is expected as services will be free to patients. It is anticipated that NAB, with its experience, will be able to allocate the necessary resources for programme operation.																							
Focus SDG:	3. Good Health and Wellbeing																							
Project Volunteers:	Yes – November and December 2019																							
TOF Funding Request:	CHF 21 675 (INR 15,00,000)																							
Salary or Building %	100%																							
Total Project Budget:	CHF 21 675 (INR 15,00,000)																							
Funds Already Secured:	CHF 0																							
TOF Budget in CHF:	<table border="1"> <thead> <tr> <th>Item</th> <th>Qty</th> <th>Cost</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>Rental space (750 sq ft)</td> <td>750</td> <td>23.10</td> <td>17 325</td> </tr> <tr> <td>Furnitures</td> <td></td> <td>1 450</td> <td>1 450</td> </tr> <tr> <td>Emoluments for two staff</td> <td>2</td> <td>1 450</td> <td>2 900</td> </tr> <tr> <td>TOTAL:</td> <td></td> <td></td> <td>21 675</td> </tr> </tbody> </table>				Item	Qty	Cost	Total	Rental space (750 sq ft)	750	23.10	17 325	Furnitures		1 450	1 450	Emoluments for two staff	2	1 450	2 900	TOTAL:			21 675
Item	Qty	Cost	Total																					
Rental space (750 sq ft)	750	23.10	17 325																					
Furnitures		1 450	1 450																					
Emoluments for two staff	2	1 450	2 900																					
TOTAL:			21 675																					

Project Identifier		TOF 19 - 07		
Project Applicant:	YMCA LACA			
Co-Partners:	None listed			
Project Name:	Enhancing Learning Experiences for Latin American and Caribbean Children and Youth			
Project Location:	Six YMCAs within the Latin American and Caribbean Alliance of YMCAs			
Previous TOF Application:	No			
Quick Overview:	TOF funds are being requested to subsidize the participation of eight future Youth Development Directors at a regional training.			
Project Background:	LACA is working to expand its after-school support programme and is looking to partner with at least six YMCAs in the region, leveraging promising practices, sharing innovative curriculums and increasing community support to benefit more children and youth.			
Project Activities:	<p>The training of leaders will focus on three key areas:</p> <ol style="list-style-type: none"> 1. Finding best practices to enhance learning experiences for children and youth. 2. Improving the quality of afterschool programmes. 3. Strengthening impact indicators of afterschool programmes in the region. <p>The after-school programmes provide children support to complete homework assignments and give them an opportunity to participate in regular physical activity. They also reinforce core values, develop appropriate social-emotional skills, as well as promote community service and volunteerism.</p>			
Beneficiaries:	The eight sponsored trainers and subsequently the participants in the after-school programmes at which they will work.			
• Direct:	50 - 100			
• Indirect:	1 500 - 2 000			
Project Sustainability:	Training of the Youth Development Directors should occur within the year if the project is approved. By partnering with YMCAs with existing after-school programmes operational costs are already budgeted and finance in place.			
Focus SDG:	4. Quality Education			
Project Volunteers:	Yes – May 2020			
TOF Funding Request:	CHF 20 000			
Salary or Building %	0			
Total Project Budget:	CHF 70 000			
Funds Already Secured:	CHF 50 000			
TOF Budget in CHF:	Item	Qty	Cost	Total
	Participant airfare	8	1 000	8 000
	Participant meeting package	8	500	4 000
	Scholarships	50	100	5 000
	School supplies and material to YMCAs	6	500	3 000
	TOTAL:			20 000

Project Identifier		TOF 19 - 08		
Project Applicant:	YMCA Michigan			
Co-Partners:	Y Service Club of Grand Rapids			
Project Name:	My Career, My Opportunity			
Project Location:	Grand Rapids, Michigan			
Previous TOF Application:	No			
Quick Overview:	TOF Funds are being requested to establish a summer school (focusing on mathematics) and career counselling programme for disadvantaged high schools from Grand Rapids.			
Project Background:	Learning loss that occurs in the two-month summer school break is a big challenge in the US and according to national assessments high school students in Grand Rapids are already falling short of country averages. Shockingly only 22% of local 8 th grade students were tested as being proficient in maths. High school graduation rates are 14% lower in Grand Rapids than in the rest of Michigan. The Greater Grand Rapids YMCA “My Career, My Opportunity” has already been running for two years as a way to support struggling students and combat summer learning loss.			
Project Activities:	<p>There are four elements to the proposed project as follows.</p> <ol style="list-style-type: none"> 1. Career orientation with workplace tours, guest lectures, etc. Participants will also choose to pursue one of three certifications (Lifeguard, Childcare, ServSafe) during the programme period 2. Math skills improvement by focusing on real world applications, such as student loan management 3. Community engagement and volunteerism with students being asked to design and implement a service project in their community 4. Community building and outdoor education by trips to the neighbouring countryside, which poorer city children have never seen. 			
Beneficiaries:	High school students from low-income families in Grand Rapids public schools			
• Direct:	10 - 50			
• Indirect:	10 - 50			
Project Sustainability:	This particular programme will be completed in the summer 2020 after which, “My Career, My Opportunity” is expected include paying participants from wealthier families. These fees can be used to subsidise the participation of lower income children. Additional funds will continue to be sourced by the YMCA.			
Focus SDG:	4. Quality Education			
Project Volunteers:	Yes – July 2020			
TOF Funding Request:	CHF 30 000 (USD 30 000)			
Salary or Building %	19%			
Total Project Budget:	CHF 30 000 (USD 30 000)			
Funds Already Secured:	CHF 0			
	Item	Qty	Cost	Total
	Two staff salaries, training, incentives			6 346
	Professional services			320
	Occupancy			930
	Telephone / Internet			140
	Travel. field trips, transportation			11 664
	Supplies and material			1 200
	Work experiences			9 000
	Parent engagement			400
	TOTAL:			30 000